**Tutorial SOW – 16/17**

The personal development, behaviour and welfare of learners

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| **Leave Blank** | **Planned Themed Tutorials** | **Optional Response**  **(Pick & Mix) Bytesize**  **Talkers/Speakers/online** |
|  | TERM 1  Safe College Week on 5/12/16  To cover:  Bullying &  E-Safety  Drugs  Alcohol  Sexual health awareness  Gang related  Homelessness | Induction SOW for first 6 weeks sent to P. Coaches   * Safeguarding/Prevent package sent round to all P. Coaches (can be delivered in 1 hour). * Bullying excellent resources from Childline – videos/topics for discussion on issues relating to: * Bullying * Cyber bullying (online bullying) * Building confidence after online bullying * Homophobic bullying * Racial bullying * Faith & Religious bullying * Bullying on social networks * The NSPCC and Childline have some great videos and resources around grooming and child sexual exploitation, the #listen to your selfie campaign <http://bit.ly/2lge1g1> click on the link to watch the short but very powerful videos.  The NSPCC and Childline websites are a great resource.   See: [www.**childline**.org.uk/**Bullying**](http://www.childline.org.uk/Bullying)   * Video and Quiz/discussion on Cyber Bullying see tutorial resources for links * Prezi and quiz to show students how to set their privacy levels in Facebook and think about other types of social media. See details on tutorial resources for Presentation and quiz * Unicef using David Beckham to promote Child abuse: Short Clip:   [**https://www.facebook.com/trtworld/videos/1815174198752728/**](https://www.facebook.com/trtworld/videos/1815174198752728/)   * Is it Rape? YouTube Clip link and exercise – see Julie Maling      * White Ribbon Day – Domestic Violence |
|  | TERM 2  British Values:  Democracy:  The Rule of Law  Individual liberty  Mutual respect and tolerance  Prepare for Work Week – Week of 6/3/17 with details on Apprenticeships, employer talks and many other activities. Full programme to follow  Healthy College Week – w/c 27/3/17 with activities and speakers in. Full programme to follow | * [www.could.com](http://www.could.com) has videos of all curriculum areas explaining job types * Careers Coach: This is to research careers showing LMI/live jobs plus a guide to how this works on our BDC Staff Info Point along with a step-by-step-guide on how to use this. See link and guide on BDC Staff Info homepage * Talk on 76 different Careers that you can join in the Army. Colour Sergeant Steve Turner PARA the Army Careers Advisor from Romford can come along and talk to groups.   Civ: 01708 745342  Email: Mil: [ARTD-RG-ACCLondonHStrCA5@mod.uk](mailto:ARTD-RG-ACCLondonHStrCA5@mod.uk) Civ: [stephen.turner203@mod.uk](mailto:stephen.turner203@mod.uk)   * Labour Market Intelligence trends quiz and answers available on careers that are increasing and decreasing available on Tutorial Resources * The Army offer 5 days Work Experience designed to demonstrate the training and education opportunities available in a career in the Army. To find out more see:   <http://www.army.mod.uk/training_education/25675.aspx>   * Team London Ambassadors Programme will come in to give talks to students on how they can get involved in the Community. There are lots of vacancies for voluntary work and projects they can get involved in to enhance their CVs and Personal Statements. The website is: <https://volunteerteam.london.gov.uk/#s> and the contact to book them to come into your group is: Bilalharry.khan@we.org * Voluntary/Community work – what’s going on in your area [www.do-it.org](http://www.do-it.org) & [www.bdcvs.org.uk](http://www.bdcvs.org.uk) * CV writing – resources available on BDC online Careers homepage. (Careers Advisors can check CVs). * UCAS workshops available – see Careers Advisor to request talks/workshops available for: * How to apply to UCAS/choose a course/Uni * Writing a Personal Statement * Motivational speaker for young students: Action Jackson videos – [www.youtube.com/watch?v=rGc08zX1vC8](http://www.youtube.com/watch?v=rGc08zX1vC8) * Excellent PowerPoint and activity on Healthy Eating for one hour lesson (in tutorial resources) * LBBD are conducting a study on Health and Wellbeing within the Borough. Encourage in tutorials your students to complete the Survey. Please click on link below to access survey   <http://vle.bdc.ac.uk/bdconline/>   * LBBD PowerPoint     Holocaust PowerPoint    Chinese New Year |
|  |  | British Values – Promoting Mutual respect and tolerance  Eg: Debate eg ‘Should we be a No Smoking College’   * Visit a Court – Old Bailey / Royal Courts of Justice or Local court. * Parliamentary Education Centre holds visits to courts, parliament, to watch a debate. There are video resources online for a few topics: debating, how Parliament works, how a law is formed and many others. Also section for LDD students. See: <http://www.parliament.uk/education/visit-parliament-with-your-school/?page=1> * The Equality & Human Rights Commission has videos showing: disability related, racism/gender discrimination, Becoming a Young Equality & Human Rights Champions. Good idea for a group discussion after each video. See : <https://www.equalityhumanrights.com/en/secondary-education-resources/lesson-videos> * There are also lesson plans and resources on: diversity, discrimination, actions and consequences, developing empathy, identity and characteristics, prejudice and stereotypes, Equality act, balancing human rights, challenging stereotypes   <https://www.equalityhumanrights.com/en/search?text=lesson+plans> |
|  | TERM 3 | Self-Development (Can be delivered during any part of the year)   * National Citizenship can come into college to talk to the students about activities. For further talks see:   <http://www.ncsyes.co.uk/ncs-for-your-students>   * See the resilience, perseverance and hard work of the Dung Beetle in a 2 ½ mins video clip see: <https://www.youtube.com/watch?v=Z7bY2UgLrH8> * Managing Money (particularly for teenagers): <https://www.barclayslifeskills.com/i-want-to-get-to-grips-with-money-and-my-payslip/school/>   <https://www.youtube.com/watch?v=JYxjz2T9kfc>  <https://www.youtube.com/watch?v=e8OTUgX-YmA>   * Barclays Life Skills have lesson plans and student sheets (easy to use) on: * Making the most of your Money * Planning your Finances * Money at Work * Where does your money come from? * How money savvy are you (financial terminology) * The budget Game (spending & saving habits) * Survival (bank, insurance, credit ratings) * Credit versus saving (pros and cons)   See: <https://www.barclayslifeskills.com/teachers/lessons/>   * SKINT – Money Management training for young people can be booked for students. Contact * Elwyn Boyle – Senior targeted Personal Adviser LBBD 02082272194/07971111466. * Are you Thankful for what you have?   Short video and quiz that students can then research answers online/ Video: <https://www.youtube.com/watch?v=hVPoaotA86c>  and the quiz is available in Tutorial Resources   * The Army offer resilience, teambuilding and leadership activities completing a variety of mentally and physically challenging activities and also giving them the opportunity to speak to soldiers and officers serving in the British Army. For further details and to book see: * <http://www.army.mod.uk/training_education/25675.aspx> * International Women’s Day PowerPoint presentation * What is Easter all about – PowerPoint presentation      * Where does Mothering Sunday come from? |
| Preparing to Vote  (Election 8/6/17) | TERM3 | Voting: There are new materials added to BDC on-line:   * <https://docs.google.com/document/d/1ewql00Rtxx29ChFf9LvgXdK_GOj2uOAdXjJXm_3_Nx4/edit>   they are linked to the election banner on the front page.  Information about the UK snap election, voting and parliament and a quiz with answers. There are also word searches and comprehension texts with answers. Can be used in tutorial or by students independently.   * <http://vle.bdc.ac.uk/bdconline/>   Please encourage your students to access them.  You also may want to use some material as a basis for discussion in class.   * Kahoot Quiz- Ready to Vote- session starter   <https://create.kahoot.it/#quiz/6572db93-f421-4208-98d8-cf6fd71ec78f>   * For small group discussions on voting see the 3 party’s key manifestos – use link below and exercise   <http://www.bbc.co.uk/news/election-2017-39960311> - Conservative Party  <http://www.bbc.co.uk/news/election-2017-39933116> - Labour Party  <http://www.bbc.co.uk/news/election-2017-39946809> - Lib Dems Party |
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